

David

&

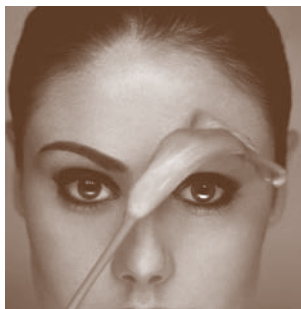
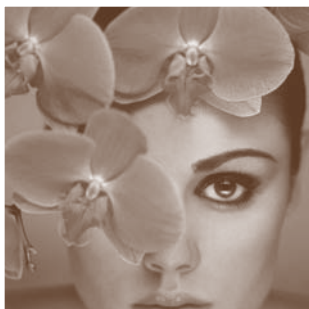
*Kary*

SALON

SPA



- menu of services -



**SALON HOURS:**

Monday	10:00 – 6:00
Tuesday	10:00 – 6:00
Wednesday	9:00 – 9:00
Thursday	9:00 – 9:00
Friday	9:00 – 6:00
Saturday	8:00 – 5:00
Sunday	12:00 – 5:00

**14390 CLAY TERRACE BOULEVARD / SUITE 160 / CARMEL, IN 46032**

**P: 317.844.6662 / DAVIDANDMARY.COM**

# salon pricing

David and Mary has been synonymous with delivering excellent customer service for over 20 years. With this same approach to our innovative hair care services, we bring you a refreshing, easy to wear approach to modern hair styling that takes your personal lifestyle into account to provide just the right look for you.

Our staff of top stylists work as a synergistic team to provide an exceptional experience every time you visit our salon. With our long standing dedication to providing customized make up services we bring a unique concept of "colour matching" the perfect make up selection with your expertly designed hair cut and color creation for a totally unique experience-- only at David and Mary Lifestyle Salon/Spa.

---

<b>HAIR CUT &amp; STYLING*</b>	FROM \$38
<b>BLOW DRY [ONLY]</b>	FROM \$35
<b>CONDITIONING TREATMENTS</b>	FROM \$35

---

<b>COLOR*</b>	FROM \$75
<b>GLAZE WITH COLOR</b>	FROM \$95
<b>GLAZE ALONE</b>	FROM \$65
<b>PARTIAL HIGHLIGHTS</b>	FROM \$80
<b>FULL HIGHLIGHTS</b>	FROM \$115
<b>DIMENSIONAL COLOR</b>	FROM \$150
<b>COLOR CORRECTION</b>	UPON CONSULTATION

---

<b>THE LOUNGE ACT</b> [see page 18 for details]	\$115
<b>SPECIAL OCCASION EVENING HAIR</b>	FROM \$75

[We recommend for all of our guests a consultation prior to any service. Prices are determined by the length and thickness of your hair.]

\*Master Colorist's and Master Cutter's prices may vary

# makeup

For a special occasion or a brand new look. Come in and learn how to maximize your beauty and diminish your flaws. Makeup made simple, at any age.

---

**CLEAN SLATE MAKEUP TUTORIAL** \$75  
 Learn the techniques you need for your skin and makeup to stay updated with today's demanding lifestyle. Approx. 45 minutes

---

**MARY'S PRIVATE MAKEUP LESSON** \$125  
 Work with Mary to learn how to look your best and apply makeup to suit your individual needs. You will leave with a detailed chart enabling you to recreate your look anytime, with confidence, and an experience you will remember for a lifetime! Approx. 75 minutes

---

**DAYTIME MAKEUP APPLICATION** \$60  
 Let us apply your makeup to suit any occasion that not only will look natural, but last throughout the day. Approx. 45 minutes

---

**COCKTAIL MAKEUP APPLICATION** \$75  
 Glamorous makeup for any glamorous occasion. You will have the confidence that you look beautiful and know that your makeup will stay fantastic until you take it off before you fall into bed. Approx. 45 minutes

---

**WEDDING CONSULTATION MAKEUP** \$60  
 Let us design the perfect look for your most special wedding day. A must have for any bride that wants to look her best for that very important day. Approx. 60 minutes

---

**WEDDING DAY MAKEUP** \$125  
 Truly one of a kind makeup to give our bride the confidence to walk down the aisle and look perfect until she leaves the reception with her Prince Charming. Approx. 60 minutes

---

**THE BRIDAL BOUQUET PACKAGE** \$350  
 A very special spa arrangement for a very special person - the Bride-to-Be. In preparation for this very important day, our bride begins with our signature Plush Spa Facial and Relaxation Massage. Then it's off to the Buff Bar for a Perfect Manicure and the PediSpa for an equally Perfect Pedicure. Our bride will then be escorted to the styling floor for her trial run of the perfect hair style and the famous "last until you've danced your last dance at the reception" makeup application. The ultimate preparation for our bride's most important day...and we get to be a part of it! Spa cuisine is served. Approx. 5 hours

# face

Don't worry if you don't know what treatment to select ...all facials at David & Mary use Professional Profile to analyze skin conditions and can accommodate customized treatment to achieve the best possible results.

---

**THE PLUSSH SPA FACIAL** \$95  
 Our most popular all around spa based complexion reviver. Includes intensive cleansing, exfoliation, extraction, and an anti-oxidant moisture mask. Fantastic for all skin types and a must for de-stressing. *Approx. 60 minutes*

---

**THE PLUSSH SPA FACIAL WITH O2 BLAST** \$125  
 Our best post flight, pre-date, or mid- life spa facial with an awesome O2 and mycellated vitamin blast and hot towel, enzyme pack, plus our famous neck and shoulder massage. It just doesn't get any better! *Approx. 60 minutes*

---

**THE LUXE FACIAL** [PERFORMED IN PLUSSH SPA] \$135  
 When over the top relaxation, plus therapeutic results are required, this world class spa facial is at the top of the list. It's designed to energize the skin cells with a unique enzyme process incorporating two enzymes for optimal exfoliation with no irritation. The treatment includes our famous O2 Blast mineral-enriched misting application for even more nurturing and hydration for your skin. *Approx. 60 minutes*

---

**THE NEW AND IMPROVED POWER BLAST MICRO PEEL FACIAL**  
[PERFORMED IN CLINIC] \$125  
[PERFORMED IN PLUSSH SPA] \$155  
 Have a blast with our fully loaded luxury treatment which includes deep cleansing, a fruit acid wash, an oxygen wrap, extraction, an age-fighting O2 Oxygen Blast with moisturizer. *Approx. 60 minutes*

---

**THE ROSACEA RELIEF MIRACLE FACIAL**  
[PERFORMED IN CLINIC] \$120  
[PERFORMED IN PLUSSH SPA] \$150  
 The newest skin care sensation, our exclusive dermatologist-tested, non irritating, anti-reddening, complexion reconstructor works unbelievably fast to reduce looming pores, wrinkles, and sun damage. A sensitive skin's dream facial! *Approx. 60 minutes*

---

**THE "BACK" TORIAL FACIAL**  
[PERFORMED IN PLUSSH SPA] \$115  
[WITH MICRODERMABRASION] \$210  
 Our entire Plush Spa Facial procedure performed on the back for the same glorious skin saving and de-stressing results. *Approx. 60 minutes*

---

**THE TEEN FACIAL** [PERFORMED IN CLINIC] \$65  
[PERFORMED IN PLUSSH SPA] \$95  
 To ensure healthy skin in adulthood, this facial establishes good skincare habits at an early age. This tutorial includes a skin care consultation, a mini-facial (cleansing, exfoliation, treatment mask), and a recommended skin care regimen that even the busiest of teens can follow. *Approx. 45 minutes*

---

**THE CLINIC-EXPRESS FACIAL** \$65  
 Our "fast-faced," signature facial performed in our state-of-the-art, clinical environment. This facial includes a trouble-targeted complexion cleansing, exfoliation, extractions, and a strategy serum to tackle breakouts, sensitivity, or sagging. Perfect for the teenager or the time-conscious seeking results fast. *Approx. 45 minutes*

---

**THE CLINIC-EXPRESS WITH O2 BLAST** \$95  
 Our most popular lunch-time complexion reviver includes cleansing, exfoliation, extractions, a strategy serum and a mycellated vitaminized oxygen spray for healing and rejuvenating results. *Approx. 45 minutes*

---

**THE COUPLES FACIAL** [PER PERSON] \$65  
 Enjoy our deep pore cleansing facial with two or even three additional friends in our expandable Clinic Express just off from the salon runway. You decide how many people to invite for your facial party and we'll do the rest to get the results. Skin care made easy and with the ability to be shared with friends and family...Another first at David & Mary. *Approx. 45 minutes*

---

**HEALTHY SKIN – FACIAL "BUILD-ON"\***  
 Tailor make your facial treatment by selecting one or two of the following:

- LIP PLUMP WITH EXFOLIATION** \$25
- REGENERATING O2 BLAST OXYGEN SPRAY** \$30
- TIME BOMB CAPSULE** \$15
- EXFOLIATING ENZYME PEEL** \$20
- MICRO BUFF CRYSTAL EXFOLIATION** \$20
- MICRODERMABRASION [1 PASS]** \$49
- POWER ZAP ABSORPTION BOOSTER** \$20
- FRUIT ACID PEEL AHA** \$35
- ACNE BLUE LIGHT FINISH** \$30

\* A "Build-On" facial service must be in conjunction with a facial.

# progressive skin care treatments

At David & Mary we take our job seriously when it comes to bringing you up to-the-minute skin care procedures that can make a difference in your treatment results.

**NEW THE "REFORMER" LIQUID FACE LIFT TREATMENT** [PERFORMED IN PLUS SH SPA] \$375  
Performed by David only! [SERIES OF 3] \$840  
Our answer to better Botox! Utilizing non-ablative laser technology, now we can turn on the "switch" for increased collagen renewal with this ambitiously effective, "liquid face lift" for anti-aging. Whether performed alone, or in conjunction with today's modern facial "fillers," your skin is restored to it's more youthful appearance by starting treatment inside the cell and moving outside to the skin's surface. This treatment is meant for the prioritized individual seeking tremendous cellular repair. Excellent pre and post cosmetic surgery treatment. Approx. 60 minutes

**NEW THE "REFABRICATOR" LASER FACIAL** [PERFORMED IN PLUS SH SPA] \$275  
Performed by David only! [SERIES OF 3] \$620  
This totally customized rejuvenating facial treatment utilizes ultrasonic micro-current and advanced laser technology to address brown spots, pore size, texture, and firmness in a 3-D approach. Timing is everything. Totally Rx endorsed, this multi-approach treatment allows you to experience the most effective sequence of therapies for your skin to Age Well—easily and conveniently, with no discomfort or downtime! You as well as friends will notice the tremendous improvement to your skin! Welcome to the new millennium of non invasive skin rejuvenation that Works! Approx. 60 minutes

**RADIANT RX FACIAL TREATMENT\*** [PERFORMED IN CLINIC] \$145  
[PERFORMED IN PLUS SH SPA] \$175  
This results driven, fast acting, anti-aging facial uses new generational ingredient technology and ultrasonic microcurrent to bring added glow and firmness to the skin. Several types of exfoliation allow for faster absorption of treatment products. Immediate results are noticed. \* Best results achieved when done in a series of 3 treatments, approx. 30 days apart. Approx. 60 minutes

**MICRODERMABRASION FACIAL TREATMENT** [PERFORMED IN CLINIC] \$145  
[PERFORMED IN PLUS SH SPA] \$175  
This highly effective resurfacing spray of micronized crystal particles break up dead cell surface layers, helping reduce the appearance of age spots and sun damage, and smoothes out the on set of fine lines and wrinkles. What follows is our exclusive O2 Blast regenerative oxygen spray for total skin recovery. Extremely helpful for skins with blackheads or whiteheads for easier and more effective removal. Approx. 60 minutes [Include Chest Area + \$20]

**ENERGY LIFT FACIAL\*** [PERFORMED IN PLUS SH SPA] \$135  
[SERIES OF 4 -20% DISCOUNT] \$432  
[SERIES OF 6 -20% DISCOUNT] \$648

Seeing is believing! This up-to-the-minute facial activates skin cells with pulses of infrared light therapy from "light emitting diodes" (LED's). This "photo nutrition" causes the skin to respond to the photons as anti-aging nutrients and uses the energy to repair collagen. Skin rejuvenation without irritation. A milestone in skin care therapy. Increases micro circulation and lymphatic drainage while reducing redness. Approx. 45 minutes \* Best results achieved in a series of 3-6 treatments.

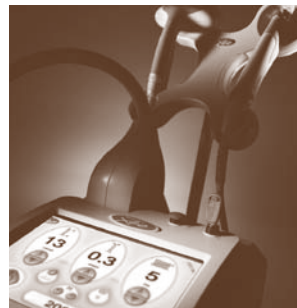
**THE ACNE BLUE LIGHT FACIAL** [PERFORMED IN CLINIC] \$95  
[PERFORMED IN PLUS SH SPA] \$125

This new L.E.D.'s blue light therapy coupled with our advanced ingredient technology penetrates through the skin to the sebaceous (oil) glands, producing singlet oxygen, a powerful bacteria fighter that kills the P. acne bacteria that contributes to acne and breakouts. Remarkable results are also noted for rosacea as well. Truly a skin care breakthrough. Approx. 45 minutes

**NEW PHOTO-DERMABRASION FACIAL TREATMENT** [PERFORMED IN PLUS SH SPA]  
[2 MICRODERMABRASION TREATMENTS AND 2 FULL IPL LIMELIGHT FACIALS] \$795  
[2 MICRODERMABRASION TREATMENTS AND 2 PARTIAL IPL LIMELIGHT FACIALS] \$460

Combine our two most popular skin-refining treatments, IPL Limelight and our time tested Microdermabrasion, for a fast and effective way to reduce or remove many skin imperfections, resulting in smoother, more youthful looking skin. Approx. 60 minutes per treatment

**NEW CLEAR RX ACNE FACIAL** [PERFORMED IN CLINIC] \$195  
This introductory treatment stops acne in its tracks by utilizing the latest technologies in light and laser therapies shown to effectively treat acne by reducing oil production and killing bacteria without the use of drugs. Microdermabrasion is also used in this treatment to reduce clogged pores and to improve the appearance of acne scars and redness. To optimize results, a Clear Rx Skin Kit is included as part of the treatment for home care follow-up. Follow up treatments will be customized accordingly. Approx. 60 minutes



# body treatments

*At David & Mary our body therapies are designed to rejuvenate and refresh. Our therapists are well trained, caring, and sensitive to your needs. Settle in and enjoy.*

---

**THE MANDARIN BODY BUFF** \$100  
Our insanely addictive neck-toe rub down with our succulent mandarin polishing beads gently relaxes your body while stimulating circulation to remove toxins, cleanses and tones the skin as dead skin cells are whisked away. What follows is our signature David & Mary [think] moisture creme. *Approx. 60 minutes*

---

**THE WRAPSODY BODY TREATMENT WITH AROMATHERAPY** \$125  
This aromatic hot oil wrap helps you melt away toxins in the skin while de-stressing the most hectic of lifestyles. Your body is enveloped in a soothing essential oil poultice to re-mineralize and hydrate your skin to a dewy, more youthful glow. *Approx. 60 minutes*

---

**THE ROSE WRAP** \$125  
Our multi-tasking body treatment for the person who wants maximum results in minimal time. Perfect for all skin types, our soothing rose clay removes dead skin cells as the jojoba and lactic acid oils deeply hydrate and renew the skin. An excellent treatment for dry, delicate skin. *Approx. 60 minutes*

---

**NECK AND DE'COLLETAGE DE-AGER TREATMENT** \$90  
This specialized exfoliation treatment for the neck and chest uses an aluminum oxide crystal mixture and a light chemical peel to brighten and hydrate the skin for glowing results. *Approx. 45 minutes*

---

**THE GOLDEN GLOW BODY BRONZER** \$115  
Enjoy the radiant look of a golden tan without spending hours in the sun. We'll smooth your skin with an indulgent Mandarin Body Polish to exfoliate and follow with an even layer of self tanning lotion that develops into a near natural looking tan in two-three hours. Definitely a spa indulging, relaxing experience. *Approx. 50 minutes*

---

**O2 OXY-HERBIE** \$210  
By far our "hottest" facial, this treatment package combines every step of our famous Plush Spa Facial w/O2 Oxygen Blast with our "Wrapsody" full body aromatic, essential hot oil wrap to hydrate and detox. You leave totally relaxed knowing you have done the best possible treatment for your skin and for your mood. Multi-tasking never seemed better. *Approx. 90 minutes*

# the aqua room

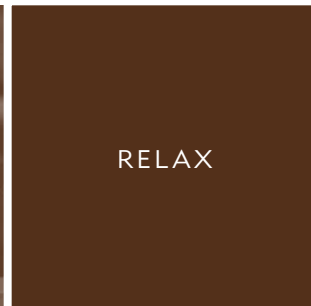
*An exotic body journey to other parts of the world with the hydrasteam capsule: Take your first step onto the warmed river stones and begin your journey. What follows is a blend of calibrated steam, light therapy, and warm waves of aromas. Drifting away on the mermaid table, "high tech" combines with "high touch" to take you to a totally different level of peacefulness — complete relaxation and rejuvenation of mind and body! Let your imagination explore the possibilities of one of these exotic places with the following red flower treatments, only in the Aqua Room.*

---

**RED FLOWER—JAPAN** \$140  
Release the flow of vital energy in your body. A five part body treatment based on the traditional Japanese bathing ritual, combining the therapeutic properties of flower oils and fruit essences with rich minerals from earth and sea. Skin is purified, expertly scrubbed and hydrated to energize and restore the whole body. Feel present and alive-experience red flower japan. *Approx. 90 minutes*

---

**RED FLOWER—HAMMAM** \$140  
Retreat into a ritual of steam, heat, and pure scent for the intense therapeutic transformation based on the skin care practices of the Moroccan bath house. In this five step body ritual, skin is intensely cleansed and scrubbed with coffee, olive stones and fresh lemon and wrapped in rich rhassoul clay to draw out impurities. Your whole body is brought to a euphoric sedation for a totally recharged state of mind and body. *Approx. 90 minutes*



# massage

The body work at David & Mary is based upon therapeutic massage and tailored to your needs in a relaxing and safe environment.

---

**STONE MESSAGE** \$105  
This signature David & Mary massage enhances your relaxation with the use of heated and oiled basalt stones, placed on your body's tension spots, and used for increasing energy and more long lasting effects from your massage treatment. *Approx. 60 minutes*

---

**RELAXATION MESSAGE** \$80  
[SERIES OF 6] \$450  
Our most requested massage, this traditional Swedish massage incorporates long, flowing strokes to relieve tense muscles, increase circulation, and release stress. *Approx. 60 minutes*

---

**FIRM THERAPEUTIC MESSAGE** \$90  
[SERIES OF 6] \$480  
Feel your tension slip away as your therapist uses a combination of Swedish, firm tissue, and trigger point therapies for a more intensive deep-reaching massage. *Approx. 60 minutes*

---

**"R & R" MESSAGE** [RELAXATION] \$120  
[THERAPEUTIC] \$130  
For the ultimate enjoyment-extend your massage by 30 more mind-boggling minutes. This treatment combines a special massage sequence to loosen up and target your most troubled muscles for added relaxation and stress reduction. Definitely the best massage when enough is not enough. *Approx. 90 minutes*

---

**AROMATHERAPY MESSAGE** \$85  
Enjoy all the benefits of our traditional Relaxation Massage with the addition of a special blend of aromatic oils and deeply penetrating heat packs for long lasting, therapeutic effects. Jet lag and nervous tension, beware!  
*Approx. 60 minutes*

---

**CRANIO-SACRAL THERAPY** \$95  
A very specialized balancing technique delivered by highly trained and certified therapists. A gentle hands on method applied to the skull and vertebrae to balance the circulation of the fluids that surround the brain and spinal cord. Very helpful for people with migraine head aches, sinus pressure, stress, neck and jaw discomfort, and lower back pain. *Approx. 60 minutes*

---

**COUPLES MESSAGE** [PER GUEST] \$80  
Enjoy massage for two in our private couples suite. Massage treatments can be customized to your individual needs. Unwind together or celebrate a special occasion. *Approx. 60 minutes*

---

**NEW THE 4 HANDED MESSAGE** [RELAXATION] \$160  
[THERAPEUTIC] \$180  
This massage is for the over-indulgent, or for those occasions when two hands are simply just not enough. Two massage therapists work artfully and simultaneously to leave you in a deep state of relaxation. Assistance will be given for the terminally relaxed trying to get to their next salon destination! *Approx. 60 minutes*

---

**NEW STEAMIN' MESSAGE** \$95  
Just when you thought your massage couldn't possibly get any better, consider trying this fabulous massage in our Aqua Room. Sense the difference when your feet touch the heated river stones the second you enter the warm inviting environment on your journey to an invigorating yet calming steam shower. After your steamy shower, drift away as your massage therapist takes you to a totally different level of peacefulness. Experience this royal treatment to really appreciate what an upgrade is all about! *Approx. 95 minutes*

---

**NEW SINUS DRAINAGE MESSAGE** [30 MINUTES] \$50  
[60 MINUTES] \$90  
This relieving treatment combines acupressure to the sinus areas, head, neck and shoulders and an essential oil remedy formulated for sinus and respiratory relief. Allows a breath of fresh air, relief for sinus and allergy sufferers.

---

**NEW HEADACHE AND MIGRAINE RELIEF MESSAGE** [30 MINUTES] \$50  
[60 MINUTES] \$90  
Headaches and migraines need not be as debilitating as they have been in the past. This relief session uses anti-inflammatory and cooling products that help to minimize pain, as well as the massaging of specific areas to help relieve muscle tension. Also a great treatment for those who suffer from TMJ.

---

**NEW PRESSURE POINT TREATMENT** \$75  
A centuries old technique that incorporates specific pressure point massage on the hands and feet - releases energy flow to various corresponding organs in the body. Truly a total body energizer and rejuvenator. *Approx. 45 Minutes*

# nail care

*Place your hands in the hands of our caring technicians at David & Mary – Where your well-being is our biggest concern, along with beautiful, healthy nails.*

---

## **THE PERFECT MANICURE** \$22

Our David & Mary traditional example of beautiful nails. Includes cuticle clipping, hand massage, nail shaping and perfect polishing. *Approx. 30 minutes*

---

## **POLISH CHANGE [HANDS]** \$16

Forget the manicure but a beautiful lacquer job comes in handy. *Approx. 15 minutes*

---

## **THE "IN THE BAG" PARAFFIN MANICURE** \$50

A luxurious extension of our classic, Perfect Manicure. This totally hygienic treatment adds an extra layer of deeply conditioning hydration crème and our new, vacuum packed bags of warm, scented paraffin provide added moisture to an impeccable treatment. Hands are placed in warming mittens to add to the healing effect. This treatment ends with a wonderfully relaxing hand massage and perfect polish. *Approx. 60 minutes*

---

## **LUXE MANICURE** \$55

Our most luxurious and insanely delicious facial for hands and nails. Uses the restorative benefits of lactic acid and fruit enzymes to create more youthful hands. Includes a heavenly hand massage to the elbows, warm paraffin pack, and beautiful polish. *Approx. 60 minutes*

---

## **EXPRESS PEDICURE** \$35

A shorter version of the Perfect Pedicure when time is an issue and you do not have the time for soaking and exfoliation. More like a manicure for the toenails. Hot towels help make for a soothing and refreshing experience. *Approx. 30 minutes*

---

## **THE PERFECT PEDICURE** \$55

Ever popular, our traditional example of beautiful feet. Complete with soaking, massage, toenail shaping and polishing. One of life's great pleasures! *Approx. 60 minutes*

---

## **POLISH CHANGE [TOES]** \$18

Forget the pedicure but a beautiful lacquer job would be nice. *Approx. 15 minutes*

---

## **LUXE PEDICURE** \$70

It is a deluxe facial for your feet. Enjoy a fabulous, totally hygienic whirlpool soak and a delicious sugar polishing to prepare your feet for a fruit enzyme massage session to concentrate on callous control. Nail shaping is followed with a drenching of citrus foot rescue cream, more massage, and finally, expert polishing. *Approx. 60 minutes*

---

## **THE HEALING STONE PEDICURE** \$75

Experience total bliss when warm stones are placed gently between each toe and the stress and strain of your hectic day fades away while you nestle in your very own throne and enjoy your perfect pedicure. A totally "healing" experience. *Approx. 60 minutes*

---

## **ADVANCED PARAFFIN TREATMENT [HANDS OR FEET]** \$30

Our totally hygienic "in the bag" paraffin wrap treatment that also includes a deeply conditioning "crème pack" for dry or sun damaged skin. *Approx. 30 minutes*

---

## **NEW RADIANT RX HAND TREATMENT** \$65

Our most progressive, fast acting, anti aging treatment for your hands. Patterned after our famous Radiant Rx Facial, this treatment uses several types of exfoliation combined with ultrasonic microcurrent to bring added glow and firmness to your hands. Faster absorption of moisture adds to the softening affect of this new generational hand treatment. *Approx. 30 minutes*

---

## **NEW MAGIC MOISTURE GLOVE TREATMENT [FOR HANDS OR FEET]** \$15

Experience this express hand or foot moisture treatment that is patterned after our famous O2 Blast Moisture Treatment for the face. These amazing blue gloves are sprinkled with tons of anti-aging anti oxidants that nurture your much deserving hands or feet, long after the gloves come off. Feel and see the improvement immediately. This treatment can also be included with any facial, massage, pedicure, hair, or make up service for multi-tasking rejuvenation at it's best!

---

## **NAIL CARE "ADD-ON"**

Services Add on Services that need no additional time

---

### **FRENCH POLISH** \$5

### **MINI PARAFFIN TREATMENT [HANDS OR FEET]** \$10

### **HOT STONES** \$20

### **AROMATHERAPY** \$10

### NEW NAIL ART

The name says it all. Express yourself with your very own Custom Lacquer designed Nail Art and see how chic it can really look.

<b>2 COLORS LIKE A FRENCH MANICURE</b>	\$5
<b>2 COLORS LIKE A FRENCH W/ COLOR STRIP</b>	\$15
<b>INDIVIDUALLY</b>	\$6
<b>COMPLETE SET OF 10 [ MANICURE NOT INCLUDED ]</b>	[30 MINUTES] \$40

### BRISA NAILS FROM CREATIVE NAIL

Enjoy this exciting new nail system that you might have thought not possible until now. This totally new approach to nail extensions brings a less damaging, lightweight, odorless, naturally flexible alternative not found until Brisa Systems. This nail is as strong as acrylics, yet versatile and long lasting. Clearly a new age in nail care at David & Mary. Ask your nail specialist about all the possibilities.

<b>BRISA FULL SET OF ENHANCEMENTS WITH POLISH</b>	[90 MINUTES] \$65
<b>BRISA FULL SET OF ENHANCEMENTS WITH FOREVER FRENCH</b>	[90 MINUTES] \$70
<b>BRISA FULL SET OF OVERLAYS WITH POLISH</b>	[60 MINUTES] \$55
<b>BRISA FULL SET OVERLAYS WITH FOREVER FRENCH</b>	[60 MINUTES] \$60
<b>BRISA REBALANCE WITH POLISH [2 WEEKS]</b>	[60 MINUTES] \$45
<b>BRISA REBALANCE WITH FOREVER FRENCH [2 WEEKS]</b>	[60 MINUTES] \$50

## waxing

At David & Mary we will take every measure to ensure safe waxing to remove unwanted hair. For best results, hair should be at least one fourth inch in length. You must refrain from using waxing as a hair removal method if you are using Retin A or similar drugs (currently or in the last 3 months), Accutane (currently or in the past 6 months), or keratolytic medications (that increase skin exfoliation), or are sunburned or recovery from a recent laser peel.

<b>NEW DESIGNER EYEBROW</b> [30 MIN] \$50	<b>BRAZILIAN BIKINI</b> \$100
<b>EYEBROW</b> \$20	<b>UNDERARM</b> \$19
<b>EYEBROW WITH FACIAL</b> \$15	<b>FULL BACK</b> \$60
<b>MIDDLE OF BROW ONLY</b> \$10	<b>FULL FACE</b> \$50
<b>LIP OR CHIN</b> \$15	<b>FULL ARM</b> \$60
<b>FULL LEG WITH BIKINI</b> \$94	<b>NEW EAR WAXING</b> \$15
<b>HALF LEG</b> \$37	<b>NEW NOSE WAXING</b> \$15
<b>BIKINI</b> \$25	



BEAUTY



# mother to be

---

## BAREFOOT AND PREGNANT PEDICURE

\$85

A very special pedicure for the expectant mom. This treatment combines all the elements of our Perfect Pedicure plus a pampering masque to enhance circulation and decrease swelling to help get ready for a very exciting day. *Approx. 60 minutes*

---

## PRENATAL MASSAGE

\$85

Our specialized pregnancy technique makes massage nurturing and relaxing during this very special time. Our therapists are pregnancy massage trained and highly qualified to deliver relief from muscle pain and spasms especially for the back and neck, as well as to help reduce swelling of the legs and ankles. Total care before, during, and after the pregnancy. *Approx. 60 minutes*

---

## PRENATAL FACIAL

[PERFORMED IN PLUSSH SPA] \$95

This facial treatment is specially designed to deal with the hormonal changes that occur during all pregnancies such as reactions to scents, breakouts, or over sensitivity and blotchiness. *Approx. 60 minutes*

---

## MOMMA'S REWARD PACKAGE

\$287

The special reward day for the expectant mom during the last month of pregnancy. This very special treatment includes a Plushh Spa Facial, a Prenatal Massage, a Perfect Manicure, and a Barefoot and Pregnant Pedicure. Spa cuisine is included. *Approx. 3 hours 30 minutes*

# man-datory essentials for him

---

## THE MAN-CURE

\$22

Our nail buffing treatment gets all the attention for the guy grooming. This detail driven manicure for men includes a cream hand massage, cuticle clipping, nail shaping, and buffing to perfection. The right writing pen just isn't enough anymore—now it's how the hand looks as it holds the pen. *Approx. 30 minutes*

---

## THE GROOMING DATE

\$245

A complete package for the man that isn't afraid to be pampered. Begin with a Plushh Spa Facial followed by a de-stressing Relaxation Massage. Next, enjoy our signature perfect manicure finished off with a fresh hair cut. Spa cuisine is included. *Approx. 3 Hours 30 minutes*

---

## THE MEN'S OPTIMIZER FACIAL

\$95

This absolutely masculine version of our Plushh Spa Facial is performed with a series of scrubs, hot towels, and enzyme packs to hydrate and diminish ingrown hairs. A must for any well-groomed guy. *Approx. 60 minutes*

---

## SPA:HE

\$227

Our totally virile, absolutely masculine spa experience for the man who needs de-stressing and good grooming in one concise spa visit. Our Plushh Spa Facial with O2 Blast, a nail buff, and a one hour Relaxation Massage for total comfort. He never had it so good! *Approx. 2 hours*



SPA:HE



# David & Mary life packages

## THE 30-60-90 DAY FACIAL COMMITMENT PLAN

\$435

[A \$65 SAVINGS – LIKE RECEIVING YOUR FIRST FACIAL AT NO CHARGE PLUS AN ADDITIONAL 20% OFF ALL DAVID & MARY SKIN CARE PRODUCTS DURING THIS 90 DAY TIME SPAN.] Our David & Mary signature series of four time-tested facial treatments that guarantee tremendous skin care results. Series includes: 1 clinic express facial, 1 microdermabrasion facial treatment, and 2 Radiant Rx facial treatments – all performed four weeks apart for maximum results.

## THE THINK PACKAGE

\$242

All of David & Mary's most popular services combined. Includes: Clinic-Express Facial with O2 Blast, Relaxation Body Massage, Perfect Manicure, Perfect Pedicure, and a complimentary makeup application by a David & Mary house makeup artist. Approx. 3 hours, 45 minutes

## THE LOUNGE ACT

\$115

Now appearing in our Shampoo Lounge – The stellar performance that you will tell all your friends about. This combination hair and make up experience starts with an invigorating shampoo and a richly hydrating treatment to ensure healthy, shiny, luxurious hair—all while lounging in your own shiatsu wash massage chair! What follows is a beautiful blow dry and an expertly applied application of the perfect daytime make up—just in time for your curtain call, or your next engagement. Approx. 90 minutes

## ENERGIZING PACKAGE

\$197

Plussh Spa Facial, Relaxation Body Massage, and Perfect Manicure. Approx. 2 Hours, 30 minutes

## GOLDEN RETREAT PACKAGE

\$327

Plussh Spa Facial, Eye Brow Shaping, Relaxation Body Massage, Perfect Manicure, Perfect Pedicure, Makeup application. Spa cuisine is included. Approx. 4 hours, 45 minutes

## PLATINUM VIP PACKAGE

\$545

Plussh Spa Facial with O2 Blast, Eyebrow Shaping, Rose Wrap Body Treatment, Aromatherapy Body Massage, Advanced Paraffin Hand and Foot Treatment, Luxe Manicure, Luxe Pedicure, Makeup application. Spa cuisine is included. Approx. 7 hours

# David & Mary “living room” spa parties

You describe the occasion, and let David & Mary do the planning. Let us tailor make your group event perfectly to fit your needs. Please review examples of our most popular scenarios. Prices are based on the actual event, number of guests, and amount of service time required. Three hour reservations required.

## THE WEDDING DAY CALMER

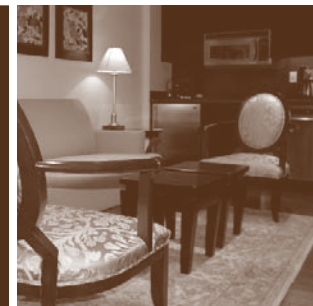
The calm before the storm. Spend a few hours enjoying energizing spa treatments with the friends and family that mean so much to you moments before the big event. David & Mary will work out all the kinks and customize this event for you and your wedding party as only we can.

## GIRLFRIENDS NIGHT OUT

This package allows plenty of time for you and your friends to catch up on each other's lives while you enjoy duo and group services in our Buff Bar manicuring area and our Pedi Spa. Our “Living Room” is your “Living Room”, catch up on all the scoop and order Spa Cuisine.

## THE LET'S CELEBRATE PACKAGE

Whatever the occasion, let our David & Mary staff ensure your private birthday party, anniversary, bridal shower, baby shower, bachelor party or employee recognition gathering to be an absolutely fantastic happening...We'll deliver it as only we can at David & Mary... when life looks good!



# SafeSpa™ Laser Services

## LASER HAIR REMOVAL\*

	WOMEN	MEN	PACKAGE OF 5
UPPER LIP	\$100	\$100	\$400
CHEEKS [2]	\$200	\$200	\$800
CHIN	\$150	\$150	\$600
FULL FACE	\$350	\$350	\$1400
NECK [FRONT]	\$200	\$200	\$800
NECK [BACK]	\$200	\$200	\$800
SHOULDERS	N/A	\$250	\$1000
UPPER ARMS	\$300	\$300	\$1200
FOREARMS	\$325	\$325	\$1300
HANDS	\$100	\$100	\$400
ENTIRE ARMS W/HANDS	\$600	\$600	\$2400
UNDERARMS	\$175	\$175	\$700
CHEST	N/A	\$500	\$2000
BREAST	\$100	\$100	\$400
ABDOMEN	\$100	\$100	\$400
ENTIRE BACK	N/A	\$600	\$2400
HALF BACK	N/A	\$350	\$1400
BIKINI [BASIC]	\$200	\$200	\$800
BIKINI [BRAZILIAN]	\$275	\$275	\$1100
THIGHS	\$300	\$300	\$1200
BUTTOCKS	\$200	\$200	\$800
LOWER LEGS	\$350	\$350	\$1400
ENTIRE LEGS W/FEET	\$600	\$600	\$2400

\*Prices tailored to each client after consultation

## BROKEN FACIAL VEINS\*

NASAL CAPILLARIES	\$200
CHEEKS	\$250
CHIN	\$200
COMBO OF 2 AREAS	\$300
COMBO OF 3 AREAS	\$375

## SKIN REJUVENATION\*

	PRICE	PACKAGE OF 4
SOLAR LENTIGO, BROWN SPOTS, BOTH HANDS	\$150	\$500
SOLAR LENTIGO, PARTIAL FACE IPL	\$150	\$500
FULL FACE IPL PHOTO-REJUVENATION	\$375	\$1350
TOTAL FACE REJUVENATION – LASER GENESIS* ND YAG [EVERY TWO WEEKS]	\$325	\$1150

## TITAN PROCEDURE\*

[EVERY 4 WEEKS]

	1ST TREATMENT	2ND TREATMENT	3RD TREATMENT
FOREHEAD	\$850	\$750	\$650
SUB-MENTAL [UNDER CHIN]	\$850	\$750	\$650
FULL FACE	\$1500	\$1250	\$1000
ABDOMEN	\$2000	\$1500	\$1250

\*Prices tailored to each client after consultation

# BOTOX Injections

[performed by Dr. Charles Hasbrook]

## **BOTOX**

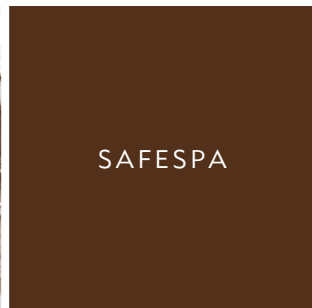
[PER TREATMENT AREA] \$395

The only FDA-approved treatment for the temporary reduction of moderate to severe wrinkles. Forehead lines, frown lines between the brows, and crow's feet are the areas that may be treated.

## **BOTOX HYPERHYDROSIS TREATMENT**

[PER TREATMENT AREA] \$1200

BOTOX can also be used as a therapeutic treatment for Hyperhidrosis—a condition characterized by severe underarm sweating when topical agents are not sufficient. FDA approved for this usage, BOTOX helps control this condition by temporarily blocking chemical signals from the nerves that stimulate sweat glands. When sweat glands do not receive chemical signals, severe sweating stops for six or more months. This treatment may be covered by your health insurance.



## OUR MISSION

David and Mary is more than a salon. We are a facility that embraces change and we are determined to provide newness by offering up-to-the-minute products and services with crystal clarity, consistency, and with an uncompromising dedication to making a difference.

At David and Mary we help to create an environment, a place that is easy to enter. A place that dispels "sameness" in the marketplace and adds real value to your lifestyle.

*Gift Cards: The perfect gift for birthdays, holidays, special occasions, or just for you because you (and others) are worth it! Cards may be purchased in any dollar amount. You may purchase a David and Mary Gift Card online, at [www.davidandmary.com](http://www.davidandmary.com), at the salon, or via telephone at 317 844-6662.*

*Gift cards can be used for any services or retail products at the David and Mary Salon.*

*Client Safety Alert: Please alert your reservationist if you are pregnant, have muscle or joint injuries, experience high blood pressure or varicose veins, are using Retin-A, Accutane, any photosensitizing or keratolytic medications, or have had recent laser or plastic surgery. Any of the above conditions may affect our ability to perform your requested treatment.*

*David and Mary reserve the right to modify, discontinue, or change prices on certain treatments without prior notification to ensure that maximum standards of service and quality are met.*

- **DIRECTOR PRICES VARY.**
- **A VALID CREDIT CARD IS NECESSARY TO RESERVE ALL APPOINTMENTS.**
- **MASTER CARD, VISA, DISCOVER, AMERICAN EXPRESS ACCEPTED.**
- **PRICES STATED IN THIS LIST EFFECTIVE NOVEMBER, 2007.**